

Instructors:  
 - Mary Ann Bush  
 - Ann Sayles  
 - Liz Loud  
 - Ethan Flanery

- Ann Neuman



# Pool Schedule

as of 12/01/18

Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6:00AM	Open Swim 6-9AM	Open Swim 6-9AM	Open Swim 6-9AM	Open Swim 6-9AM	Open Swim 6-9AM	Open Swim 7AM-12PM	
6:30							
7:00							Aqua Fit 7-8AM
7:30							
8:00							
8:30							
9:00	Aquatic Therapy	Aquatic Therapy	Aquatic Therapy	Aquatic Therapy	Baby & Me 9-10AM	Open Swim 7AM-12PM	
9:30					Arthritis 10-11AM		
10:00	Aqua Fit (Ann N) Dune Express 10-11AM	Aquatic Therapy	Aqua Fit (Ann N) Dune Express 10-11AM	Aquatic Therapy	Arthritis 10-11AM		
10:30					Aquatic Therapy		
11:00	Aquatic Therapy		Aquatic Therapy				
11:30							
12:00PM	Open Swim 12-2PM	Open Swim 12-2PM	Open Swim 12-2PM	Open Swim 12-2PM	Open Swim 12-2pm	Open Swim 12-2pm	
12:30							
1:00							
1:30							
2:00	Aquatic Therapy	Aquatic Therapy	Aquatic Therapy	Aquatic Therapy	Aquatic Therapy	Open Swim 4:00-6PM	
2:30							
3:00							
3:30		Water Wellness 3:30-4:30PM		Water Wellness 3:30-4:30PM			
4:00							
4:30		Hydro Fit 4:30-5:30PM		Hydro Fit 4:30-5:30PM			
5:00		Open Swim 5:30-8pm	Open Swim 6-8PM	Open Swim 5:30-8pm	Open Swim 5:30-8pm	Open Swim 5:30-8pm	
5:30							
6:00	Aqua Fusion 6-7PM						
6:30	Open Swim 6-8PM	Open Swim 5:30-8pm	Open Swim 6-8PM	Open Swim 5:30-8pm	Open Swim 4:00-6PM	Open Swim 4:00-6PM	
7:00							
7:30							
8:00							

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