BLACK FRIDAY SALES

**Small Business Saturday**

Nov. 26, 2016

**November 25, 2016**

Discounts on:

* EXCEL All Facility & Standard Gym Memberships
* Enrollment Fees Waived

**Second Chance** Saturday Sales

Dec. 3, 2016

* Massage Packages of 6 starting at $115
* Martial Arts Packages starting at $99
* Personal Training Packages of 6 starting at $142
* Tumbling Discounts
* Swim Lesson Discounts
* Pay in Full Discounts
* Purchase 3 Months Membership & Receive 20% off

**Purchase at either location:**

39 State St. Hart, MI 49420: 5am- End of Holiday Parade

601 E Main Street: 5am – 6 pm

**Phone Orders taken by calling:**  231-873-3577 8am -12 pm

**Join us for refreshments before and after the holiday parade at our downtown location 39 State Street Hart, MI. We look forward to helping fill your stockings with a Gift of Love and Wellness this Holiday Season.**

**\*Look for the ad in the Freeway for an extra special coupon\*** [www.lakesiderehab.com](http://www.lakesiderehab.com)