



# Lakeside Family Fitness “Kids Zone”

**Tuesdays & Thursdays  
6pm-8pm**

Don't have time to work out because you have kids and no babysitter? Well we have a solution! Starting Nov. 29 we will be offering childcare in 1 hour reservations. Space is limited to 6 kids so reservation are encouraged. Cost is \$5 per hour for the first child and \$4 per hour for every additional child. Ages 3 to 12 are welcome. We are happy to help you meet your fitness needs with this added service.

Service  
provided by  
CPR and First  
Aid Certified  
Staff!

Fun Activities!

Reserve your  
child's spot  
Today!

Lakeside Family  
Fitness  
Downtown  
Location  
39 State Street St.  
Hart, MI 49420

**231-873-3566**

[LakesideRehab.com](http://LakesideRehab.com)

