

www.LakesideRehab.com

Lakeside Rehab is staffed with **highly qualified professionals** who deliver **individualized** care.

- Sports Conditioning • Injury Prevention & Treatment Therapy • Strength Training



Best & Biggest on the Lakeshore!

Physical, Occupational, Massage,
Speech, Aquatic Therapy
& Classes

25 x 30 Heated Pool/Hot Tub

601 E. Main St.
Hart

231-873-3577

13 Years in Business
& Growing



*Two Facilities, One Goal
Now open at 5pm*

Open 6 days a week. Check website for hours.

- Student discounts
- Many onsite certified instructor led classes
- Personal trainers

3 Membership Programs :

- Energize
- Revitalize
- Excel

\$20/week Unlimited Access
Drop-in Rates Available



39 S. State St.
Downtown Hart
231-873-3566

Clean locker room & shower facilities. Classes to fit your schedule!

Meeting your therapy & wellness needs closer to home! All ages & fitness levels welcome!

