www.LakesideRehab.com

Lakeside Rehab is staffed with highly qualified professionals who deliver individualized care. • Sports Conditioning • Injury Prevention & Treatment Therapy • Strength Training



601 E. Main St.

Hart 231-873-3577

Silver&Fit. Fitness Facility

Best & Biggest on the Lakeshore! Physical, Occupational, Massage, Speech, Aquatic Therapy & Classes

25 x 30 Heated Pool/Hot Tub

13 Years in Business & Growing



Two Facilities, One Goal Now open at 5pm

Open 6 days a week. Check website for hours.

- Student discounts
- Many onsite certified instructor led classes Personal trainers
- 3 Membership Programs:
- Energize Revitalize
- Excel

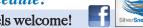
\$20/week Unlimited Access Drop-in Rates Available

39 S. State St. Downtown Hart

231-873-3566







Meeting your therapy & wellness needs closer to home! All ages & fitness levels welcome!